

## Packing List

It is important from the standpoint of health and cleanliness that campers have sufficient and appropriate clothing. The following packing list is designed to provide the camper with a **suggested two-week supply** of washable clothing. At camp, a child gives clothes harder wear than in the city. And often in a cabin, items can go missing.

**We recommend that you do not send expensive articles of clothing to camp.**

Please remember that when it rains at camp, the camp roads can become muddy and filled with puddles. It is therefore critical that your child bring waterproof rainwear. Boots are strongly recommended.

**Sun Protection:** Due to the dangers involved with exposure to the sun, it is important that your child wear a hat as well as effective sunscreen during outdoor activities. Please make certain that your child has a hat suitable for active play, an ample supply of sunscreen, and a water bottle. (Please note that water guns are prohibited and will be confiscated.)

### PLEASE LABEL ITEMS CAREFULLY

#### PERSONAL CLOTHING

- Talit and tefillin (mandatory for boys 13 years and older, optional for others. Girls over age 13 who would like, are encouraged to bring tallit and tefillin. Instruction for wearing these items can be provided)
- 4 kippot (mandatory for boys, optional for girls)
- 4 long-sleeve T-shirts
- 8 short-sleeved T-shirts
- 6 shorts - (Girls length of shorts should be mid thigh or longer)
- 2 pairs of jeans
- 4 pairs of sweatpants
- 4 light sweaters/sweatshirts
- 15 pairs of underwear
- 15 pairs of socks
- 3 pairs of pajamas
- 4 bathing suits - (Girls – one-piece or Tankini's, )
- 2 sun hats
- 1 raincoat with hat or hood
- 1 bathrobe
- 1 pair of rain boots
- 1 pair of slippers
- 1 pair of shower/beach shoes
- 2 pairs of shoes (running or sneakers/hiking)
- Appropriate Shabbat clothing
- Boys - Polo/Button down Shirts and Khakis
- Girls - Dress, Skirt or nice pants (dress and skirt mid thigh or longer for Shabbat);

#### BEDDING

- 2-3 blankets
- 1 sleeping bag
- 4 sheets (2 fitted sheets)
- 2-3 pillow cases
- 1 pillow

#### TOILET ARTICLES

- 7-8 towels (beach/shower)
- 2 face cloths
- laundry bag will be supplied by the camp
- 1 brush & comb
- 2 bars of soap (soap container)
- toothbrush, toothpaste
- shampoo, Kleenex, deodorant
- sunscreen lotion (minimum SPF 30)
- insect repellent
- 1 toilet bag or pail

#### OTHER ITEMS

- Letter writing material (paper, pencils)
- Canadian stamps, envelopes (self-addressed are helpful) – Stamps will be available from the camp office for the standard postage cost
- Musical instruments
- Inexpensive camera
- Books, cards, portable games, chess
- Athletic equipment (balls, baseball gloves, tennis racquets, etc.)
- Flashlight and batteries
- Water Bottle
- A Watch

Laundry is provided to all campers weekly and returned within 24 hours.

