

PACKING LIST

CLOTHING & SHOES

- ☐ **Tallit and tefillin** (mandatory for those living in a Boys Cabins 13 years and older, optional for others)
Please label all tallit AND tefillin bags.
- ☐ **4 kippot** (mandatory for those living in Boys Cabins, optional for others)
- ☐ **4 long-sleeve T-shirts**
- ☐ **10 short-sleeved T-shirts**
- ☐ **6 shorts**
- ☐ **2 pairs of jeans**
- ☐ **4 pairs of sweatpants**
- ☐ **4 light sweaters/sweatshirts**
- ☐ **15 pairs of underwear**
- ☐ **15 pairs of socks**
- ☐ **3 pairs of pajamas** (some for warm weather and some for colder nights)
- ☐ **4-5 bathing suits** - (must cover private areas, bikinis are not allowed), full coverage bottoms are required
- ☐ **2 sun hats****
- ☐ **1 heavier fleece/jacket**
- ☐ **1 bathrobe**
- ☐ **1 raincoat with hat or hood***
- ☐ **1 pair of rain boots***
- ☐ **1 pair of slippers**
- ☐ **2 pair of flip flops/slides**
- ☐ **2 pairs of shoes** (running or sneakers/hiking)
Appropriate Shabbat clothing that reflects the sanctity of the day. Nicer tops and bottoms (e.g. polo shirts, khakis, skirts, nice pants, dresses). Shabbat outfits should be nicer than clothes worn during the week. Shoulders need to be covered during services.

BEDDING

- ☐ **2 warm blankets or 1 comforter**
- ☐ **1 sleeping bag**
- ☐ **4 sheets (single)** -2 fitted, 2 flat
- ☐ **2-3 pillowcases**
- ☐ **1 pillow**

TOILET ARTICLES

- ☐ **7-8 towels** (beach/shower)
- ☐ **2 face cloths**
- ☐ **1 brush/comb**
- ☐ **2 soap** (liquid pump preferred)
- ☐ **toothbrush, toothpaste**
- ☐ **shampoo, Kleenex, deodorant**
- ☐ **sunscreen lotion** (minimum SPF 30)***
- ☐ **insect repellent**
- ☐ **1 water proof toilet bag or pail**

OTHER ITEMS

- ☐ Letter writing material (paper, pens, pencils)
- ☐ Canadian stamps, envelopes (self-addressed are helpful)
- ☐ Inexpensive watch or portable clock (optional)
- ☐ Musical instruments (optional)
- ☐ Camera (optional)
- ☐ Books, magazines, journal
- ☐ Cards, portable games, activity books
- ☐ Athletic equipment (baseball gloves, tennis racquets, etc.)
- ☐ Flashlight and batteries (small reading light)
- ☐ Canteen or Water Bottle (2)****